



**Patient Name:** Mrs. NANDE URMILA SATISH

**MRD#:** 1252139

**Date of Birth:** 23/01/1955

**Sex:** Female

**Visit Code:** IP0003

**DOA:** 19/01/2025

**DOD:** 25/01/2025

**Room/Bed No.:** SS12D - 4257

**Consultant:** Dr. WAKANKAR HEMANT

**Reference:** DR. PARAG VASTE

**Diagnosis:** Osteoarthritis of both knee.

**Clinical course and Event:**

C/O:Pain in both knee, difficulty in walking, climbing stairs.

K/C/O:DIABETES / HYPERTENSION / CKD

O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E:No Effusion, No PFT, MJLT + +, ROM R - 10° - 100°, L - 5-120, Hips - Normal, No DNVC.

**ASA Grade:**

2

**Pre op Hb:** 12.4

**Pre op PCV:** 42.8

**Pre op Sr Creat:** 1.88

**Pre op HbA1C:** 6.8%

**Pre op EF:** 60%

**Post op Hb:** 10.1

**Post op PCV:** 35.2

**Post op Sr Creat:** 1.78

**Advice on Discharge:**

1. T. PACIMOL 650 mg 1-1-1 x 7 days and then 1-1-1 x 7 days then SOS
2. T. PAN D 1-0-0 x 7 days
3. T. ULTRACET SEMI 1-0-1 x 7 days and then 0-0-1 x 7 days then SOS
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. XARELTO 10 mg 0-0-1 x 14 days
6. T. TRICIUM ACTIVE 1-0-0 x 2 months.
7. T. ECOSPRIN 75 0-0-1 x 3 months(To be started only after course of T. XARELTO is over)

Following medicines to be continued as per Physician's advice

- 1.T. Cilacar 20 mg 1-0-1
- 2.T. Cardivas 3.125mg 1-0-1
- 3.T. Isolazin 1-0-1
- 4.T. Daplo 10 1-0-0
- 5.T. Sobisis forte 1-0-1
- 6.T. Feburic 40 mg 1-0-0
- 7.Inj . Ryzodeg 10-0-10 units
- 8.Tab Lasix 40mg 1-0-0

Till follow up

	<b>KNEE ROM ON DISCHARGE</b>	
<b>RT</b>	0	90

**Staple Removal on:** 04/02/2025

**Physiotherapy for 1 month after discharge:**

**Next follow up at Deenanath Mangeshkar Hospital,Pune 3 MONTHS AFTER SURGERY**

**With:** Dr. Hemant Wakankar

**OPD Time:** Mon and Wed 3 pm to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. ON Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

### OPERATIVE NOTE

**Pre-operative Antibiotics:**

Inj. SUPACEF 1.5gm IV

Inj targocid 400 mg IV

Operative Procedure: Right Total Knee Replacement

Date of Surgery: 20/1/2024

Type of Anaesthesia: LA+SA

Anaesthetist:Dr. SAWANT SHILPA

Prosthesis Used - LPS, ZIMMER,USA

Size	-	Right
Femur		D
Tibia		2
Poly		10 mm PS
Patella		

**Post Operative Course:**

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

**Foleys cathether:** No

**ICU STAY:** No

**Blood Tranfusion:** No

**General advice after discharge:**

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Mangeshkar Hospital Joint Replacement Department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

7. Zuprinor Skin patch applied on 20/1/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 27/1/2025. Remove patch early in case of excessive nausea, vomiting or giddiness

**Special needs**

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

**Name of Dr:** Satyajee

**Date:** 25/01/2025

**Designation:** Registrar

**Time:** 2pm

***Investigation attached separately:***

***Please bring this card for Follow up:***

