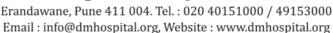


Lata Mangeshkar Medical Foundation's

# Deenanath Mangeshkar Hospital & Research Center





Printed Date: 26/01/2025 12:05:47

**Patient Name:** Mrs. NANDE URMILA SATISH **MRD#:** 1252139 **Date of Birth:** 23/01/1955 **Sex:** Female

Visit Code: IP0003

**DOA:** 19/01/2025 **DOD:** 25/01/2025

**Room/Bed No.:** SS12D - 4257

Consultant: Dr. WAKANKAR HEMANT

Reference: DR. PARAG VASTE

**Diagnosis:** Osteoarthritis of both knee.

#### **Clinical course and Event:**

C/O:Pain in both knee, difficulty in walking, climbing stairs.

K/C/O:DIABETES / HYPERTENSION / CKD

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E:No Effusion, No PFT, MJLT + +, ROM R - 10° - 100°, L - 5-120, Hips - Normal, No DNVC.

### **ASA Grade:**

2

Pre op Hb: 12.4 Pre op PCV: 42.8 Pre op Sr Creat: 1.88

Pre op HbA1C: 6.8%

Pre op EF: 60% Post op Hb: 10.1 Post op PCV: 35.2 Post op Sr Creat: 1.78

#### **Advice on Discharge:**

- 1. T. PACIMOL 650 mg 1-1-1-1 x 7 days and then 1-1-1 x 7 days then SOS
- 2. T. PAN D 1-0-0 x 7 days
- 3. T. ULTRACET SEMI 1-0-1 x 7 days and then 0-0-1 x 7 days then SOS
- 4. T. RESNER PLUS 0-0-1 x 1 month
- 5. T. XARELTO 10 mg 0-0-1 x 14 days
- 6. T. TRICIUM ACTIVE 1-0-0 x 2 months.
- 7. T. ECOSPRIN 75 0-0-1 x 3 months(To be started only after course of T. XARELTO is over)

## Following medicines to be continued as per Physician's advice

1.T. Cilacar 20 mg 1-0-1

2.T. Cardivas 3.125mg 1-0-1

3.T. Isolazin 1-0-1

4.T. Daplo 10 1-0-0

5.T. Sobisis forte 1-0-1

6.T. Feburic 40 mg 1-0-0

7.Inj. Ryzodeg 10-0-10 units

8.Tab Lasix 40mg 1-0-0

Till follow up

MRD No:1252139 Name:Mrs. NANDE URMILA SATISH

F/u in medicine opd after 1 week with CBC RFT SERUM ELECTROLYTE BSL FASTING PP reports

	KNEE ROM ON DISCHARGE	
RT	0	90

**Staple Removal on:** 04/02/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune 3 MONTHS AFTER SURGERY

With: Dr. Hemant Wakankar

OPD Time: Mon and Wed 3 pm

to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact: Dept. ON Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

#### **OPERATIVE NOTE**

### **Pre-operative Antibiotics:**

Inj. SÛPACEF 1.5gm IV Inj targocid 400 mg IV

Operative Procedure: Right Total Knee Replacement

Date of Surgery: 20/1/2024 Type of Anaesthesia: LA+SA Anaesthetist:Dr. SAWANT SHILPA

Prosthesis Used - LPS, ZIMMER, USA

Size - Right Femur D Tibia 2

Poly 10 mm PS

Patella

#### **Post Operative Course:**

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses. ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

**Blood Tranfusion:** No

#### General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention

- 1. Not to wet the wound after surgery till sutures are removed.
- 2. Routine physiotherapy as per advice.
- 3. Start walking outdoor by 3 weeks.
- 4. Driving can be started after 6 weeks.
- 5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Mangeshkar Hospital Joint Replacement Department.
- 6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.
- 7. Zuprinor Skin patch applied on 20/1/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 27/1/2025. Remove patch early in case of excessive nausea, vomiting or giddiness

#### Special needs

Physiotherapy:

MRD No:1252139 Name:Mrs. NANDE URMILA SATISH

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks, then as and when required

Dressing:

MRD No:1252139

To be changed if soaked more than 50% in fresh blood

Name of Dr: Satyajeet Date: 25/01/2025

**Designation:** Registrar **Time:** 2pm

Investigation attached separately: Please bring this card for Follow up:

