



Lata Mangeshkar Medical Foundation's
Deenanath Mangeshkar Hospital & Research Center

Erandawane, Pune 411 004. Tel. : 020 40151000 / 49153000

Email : info@dmhospital.org, Website : www.dmhospital.org



Printed Date:27/01/2025 13:08:21

Patient Name: Mrs. DESHPANDE SARITA
SANJAY

MRD#: 781453

Date of Birth: 14/02/1953

Sex: Female

Visit Code: IP0001

DOA: 13/01/2025

DOD: 20/01/2025

Room/Bed No.: SS12D-4252

Consultant: Dr. WAKANKAR HEMANT

Reference: DR MANISHA DESHMUKH

Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O:Pain in both knees, difficulty in walking, climbing stairs.

K/C/O: Hypertension, Rheumatic valvular heart disease

O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E:No Effusion, No PFT, MJLT + +, ROM R 10° - 120° L - 10° - 120°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 10.1

Pre op PCV: 33.6

Pre op Sr Creat: 0.85

Pre op HbA1C: 6.7

Pre op EF: 60%

Post op Hb: 8.2

Post op PCV: 27

Post op Sr Creat: 0.78

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1-1 x 7 days and then 1-1-1 x 7 days then SOS

2. T. PAN D 1-0-0 x 7 days

3.T. ULTRACET SEMI 1-0-1 x 7 days and then 0-0-1 x 7 days then SOS

4.T. RESNER PLUS 0-0-1 x 1 month

5. T. XARELTO 10 mg 0-0-1 x 14 days

6. T. TRICIUM ACTIVE 1-0-0 x 2 months.

7. T. ECOSPRIN AV 75/10 0-0-1 (To be started only after course of T. XARELTO is over)

Following medicines to be continued as per Physician's advice

1. Tab. CALAPTIN SR 120 1-0-0

2. Tab. AMIFRU 40 1/2 -0-0

3. Tab. ONDEM MD 4 mg under the tongue sos for nausea/vomiting

Blood pressure monitoring at home

Follow up after 7 days with serum electrolytes ​

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

MRD No:781453

Name:Mrs. DESHPANDE SARITA SANJAY

Staple Removal on: 29/01/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital,Pune after 3 months

With: Dr. Hemant Wakankar

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. On-Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV, INJ TARGOCID 400mg IV

Operative Procedure: Sequential Bilateral Total Knee Replacement

Right Total Knee Replacement

Date of Surgery:14/01/2025 Type of Anaesthesia: LA+SA Anaesthetist:Dr. PALHADE PRAMOD

Prosthesis Used - MAXX FREEDOM, USA

Size	-	Right
Femur		C
Tibia		2
Poly		9 mm PS

Left Total Knee Replacement

Date of Surgery: 17/01/2025 Type of Anaesthesia:SA+LA Anaesthetist:Dr.Swapna Naik

Prosthesis Used - MAXX FREEDOM, USA

Size	-	Left
Femur		C
Tibia		2
Poly		9 mm PS
Patella		-

Post Operative Course:

Post operative pain controlled with local infiltration.

Inj. Supacef 750 mg IV X 2 doses.

All physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital Joint Replacement Department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

7. Zuprinor Skin patch applied on 14/1/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 21/1/2025. Remove patch early in case of excessive nausea, vomiting or giddiness.

Special needs

MRD No:781453

Name:Mrs. DESHPANDE SARITA SANJAY

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Devdutta Phatak

Date: 20/01/2025

Designation: Registrar

Time: 2:30 pm

Investigation attached separately:

Please bring this card for Follow up:

