



Patient Name: Mr. PURANIK ANANT GOVIND **MRD#:** 70466

Date of Birth: 21/04/1971 **Sex:** Male

Visit Code: IP0004

Age : 53Y 3M 19D

Consultant: Dr. MODAK MILIND

Speciality: ORTHOPAEDICS

Joint Care Dr.: DR. SUKRUT PURANDARE

Referrd To:
NA

Date of Procedure 07-08-2024

Date of Admission: 06/08/2024

Date of Discharge: 09/08/2024

Ward/Bed No. 4 D - 436

Blood Group: A+

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE

GENERAL ORTHOPEDICS

Final Diagnosis:

Left patella Fracture delayed union

Classification of Fracture: Applicable

Drug Allergies:

Not known

History of Present Illness:

C/o pain in left knee

H/o injury over the same

No h/o injury to head chest abdomen or pelvis

No h/o LOC, ENT bleed, nausea or vomiting

K/c/o htn on medication, prediabetic

H/o ptca 3 months ago

Post fall patient was able to stand up, bear weight and ambulate

Clinical Course & Event:

PROCEDURE PERFORMED: Left patella open reduction and internal fixation with tension band wiring

Discharge Medication:

ORTHO :

TAB CEFTUM 500 1-0-1 FOR 5 DAYS

TAB CALPOL 650 1-1-1 FOR 7 DAYS

TAB PAN 40 1-0-0 FOR 7 DAYS

TAB RIVABAN 10 0-0-1 FOR 28 DAYS

TAB GEMCAL PLUS 1-0-0 FOR 30 DAYS

ARNICA 200 3-0-3 FOR 30 DAYS

SYMPHYTUM 200 3-0-3 FOR 30 DAYS

QUICFRAC 1-0-0 FOR 30 DAYS

JOINT CARE :

Following medicines as per physician

Tab Lipiez 40 0-0-1

Tab Cardace 1.25 1-0-0

Tab Concor 2.5 1-0-0

Tab Ecosprin gold 40 0-0-1 ONCE RIVABAN IS OVER

Clinical Examination:

O/e
Conscious oriented
Vitality stable
L/e left knee
Swelling and tenderness present
ROM - restricted and associated with pain
Dorsalis pedis artery palpable
Active ankle dorsiflexion and toe movement present
Distal sensation intact

Investigations:
ENCLOSED

Operative Procedure:
Left patella open reduction and internal fixation with tension band wiring

Post Operative Course:
UNEVENTFUL

Advice on Discharge:
- USE WALKER
- LEG ELEVATION
- USE COMMUNE CHAIR

Physiotherapy Instruction:
- NON WEIGHT BEARING WALKER AMBULATION
- IN BED EXERCISES
- ACTIVE TOE MOVEMENTS

Special needs:

Emergency Symptoms:
- PUS, FEVER, SOAKAGE, SEVERE PAIN, NUMBNESS

Plaster Care:
NA

K-wire care:
NA

External fixator care:
NA

Wound/Dressing care:
DO NOT WET

Orthosis:
WALKER

Radiology follow up:
X RAY LEFT KNEE AP, LATERAL VIEWS ON 9th September

Surgical Procedures:
NA

<p style="color:#339C3E;">For e.g. Stent removal or OPD consultation or Dressing etc.</p>

Primary Consultant follow up:
Next follow-up with Dr. MODAK MILIND IN ORTHO OPD ON 26 AUG 2024 9 AM FOR SUTURE REMOVAL

Follow up Date : 26/08/2024

Joint Care Dr. Followup :
Follow up with Dr Sukrut Purandare sir in OPD after 2 weeks with prior appointment

Number of emergency room No:
020 40151027, 020 40151067

Number of Homecare service:
020 40151087

SIGNED BY: Dr. MODAK MILIND

PREPARED BY: DR.CHERUKURI NIKHIL SAI

