



ORTHOPEDIC DISCHARGE SUMMARY

Patient Name: Mr. SHAH CHARUDATTA SURESH

Date Of Birth: 11/05/1966

Visit Code: IP0002

MRD#: 347055

Sex: Male

Age : 58Y 7M 0D

Consultant: Dr. BARVE RAGHAV

Joint Care Dr.: Dr. Gokhale Uday

Referrd To:

Hospital Physiotherapist

Speciality: JOINT REPLACEMENT

Date of Procedure 06-01-2025

Date of Admission: 06/01/2025

Date of Discharge: 09/01/2025

Ward/Bed No. SS9B - 3912

Blood Group: O+ ✓

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE
GENERAL ORTHOPEDICS

Final Diagnosis:

Rheumatic arthritis of left hip joint

Classification of Fracture: Not Applicable

History of Present Illness:

C/o -left hip pain

No h/o injury or trauma

Previously operated case of right side total hip replacement

K/c/o HTN, rheumatoid arthritis on medications

Clinical Course & Event:

Underwent Uncemented Left side Total Hip Replacement. Procedure uneventful. Post operatively Physiotherapy was started, all Physiotherapy Goals Achieved. Remainder hospital stay was uneventful.

Discharge Medication:

ORTHO :

- TAB ZOCEF 500MG 1-0-1 FOR 5 DAYS
- TAB CALPOL 650MG 1-1-1 FOR 14 DAYS
- CAP TRAMAZAC 50MG 1 TAB SOS IF REQUIRED FOR PAIN
- TAB PAN 40MG 1-0-1 FOR 5DAYS then 1-0-0 FOR 10DAYS
- TAB RIVABAN 10MG 0-0-1 FOR 28 DAYS
- TAB COLLACIUM D3 1-0-0 FOR 30 DAYS

JOINT CARE :

- TAB SAZO 500MG 1---0---1
- TAB TELMA 40MG 1---0---0
- TAB CALAID 1---0---0

Continue above medications till follow up with Physician

Clinical Examination:

O/e-

Alert conscious oriented

Vitally stable

Afebrile

L/e-left hip

ROM - IR & ER grossly restricted, Abduction restricted

Dorsalis pedis artery palpable

Distal sensations present

Active toe and ankle movements possible

On X-ray _ Gross Arthritis of left hip

Investigations:

Enclosed

Operative Procedure:

Uncemented Left side Total Hip Replacement

Name of Implant:

Acetabular cup: Uncemented

Acetabular cup: Non modular

Company: Smith and Nephew

Model: R3 Three Hole

Size: 54 mm

Coating: Porous coated

Acetabular screw: Yes, No of screw: 1

Position: Postero-superior, Length 25mm

Company: Smith and Nephew

Bearing surface: Ceramic

Acetabular liner: Flat

Head surface: Ceramic

Femoral prosthesis: Non modular

Head size: 36 mm +4

Coating: HA coated

Company: Smith and Nephew

Model: Synergy

Size: 10

Neck used: --

Centraliser: --

Implant Manufacturer :

SMITH & NEPHEW, USA

Post Operative Course:

Uneventful

Advice on Discharge:

Do not sit on low surfaces / cross legged / squat

Ice compressions 5-6 times / day

Physiotherapy Instruction:

In bed exercises, Static quadriceps and Hamstring strengthening exercises, Straight leg raising exercises, Active ankle pumps, Plevic lift, pelvic shift exercises, log rolling, change of position 2 hourly, bed side sitting, Chest physiotherapy, chair transfer, Full weight bearing ambulation with walker support.

Special needs:

Emergency Symptoms:

Fever, increasing pain at operative site, increasing soakage from operative site, loss of sensations / movements of operated limb.

Chest pain / palpitations / breathlessness

Plaster Care:

NA

K-wire care:

NA

External fixator care:

NA

Wound/Dressing care:

Keep dry and clean

Do not remove

Suture removal at home by homecare team / at nearby Orthopaedic hospital on 20/01/2025.

Orthosis:

Use commode chair

Ambulation with walker support

Radiology follow up:

NA

Surgical Procedures:

NA

Primary Consultant follow up:

Next follow-up with Dr. BARVE RAGHAV in ORTHO OPD on SATURDAY (01/02/2025) at 9am.

Follow up Date : 01/02/2025

Joint Care Dr. Followup :

Next follow-up with Dr. GOKHALE UDAY in MEDICINE OPD with prior appointment after 2 weeks.

Number of emergency room No:

020 40151027, 020 40151067

Number of Homecare service:

020 40151087

SIGNED BY: Dr. BARVE RAGHAV

PREPARED BY: DR.THOMAS FREDDY BABU