



Patient Name: Mr. LATA VINAY RAMESHWAR **MRD#:** 189476

Date of Birth: 29/06/1969

Sex: Male

Visit Code: IP0002

Age : 55Y 8M 22D

Consultant: Dr. MODAK MILIND

Speciality: ORTHOPAEDICS

Joint Care Dr.: DR. UDAY GOKHALE

Referrd To:

HOSP PHYSIOTHERAPIST

Date of Procedure 20-03-2025

Date of Admission: 17/03/2025

Date of Discharge: 22/03/2025

Ward/Bed No. 4 B - 420

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE

GENERAL ORTHOPEDICS

Final Diagnosis:

Right proximal humerus fracture

Classification of Fracture: Applicable

Drug Allergies:

Not known

History of Present Illness:

c/o of pain in right shoulder

h/o skid and fall

no h/o injury to,head, chest, abdomen or pelvis

no h/o LOC/ENT bleed/nausea/vomiting

k/c/o HTN on medications

patient able to bear weight and ambulate well post fall

Clinical Course & Event:

Underwent Open reduction and plating of right Proximal Humerus. Patient tolerated the procedure well

Discharge Medication:

ORTHO :

TAB ZOCEF 500 MG 1-0-1 FOR 5 DAYS

TAB CALPOL 650 MG 1-1-1 FOR 7 DAYS

TAB PAN 40MG 1-0-0 x 7 Days

TAB GEMCAL 1-0-0 x 30 days

ARNICA 200 3-0-3 FOR 30 DAYS

SYMPHYTUM 200 3-0-3 FOR 30 DAYS

CAP QUICFRAC 1-0-0 FOR 30 DAYS

JOINT CARE :

TAB TELMA 40MG 1-0-0 TILL NEXT FOLLOW UP

Clinical Examination:

Alert, oriented, conscious

vitals stable

no cervical spine tenderness

neck movements free

pelvic compression test negative

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moving all 4 limbs freely (except right wrist)
l/e of Right UL
shoulder immobilizer insitu
tenderness present
ROM cannot be elicited due to pain
dorsalis pedis artery palpable
active flexion extension of fingers possible
distal sensations intact
on xray- proximal humerus fracture

Investigations:
Enclosed

Operative Procedure:
Open reduction and plating right Proximal Humerus

Name of Implant:
3 hole Proximal Humerus Peri-articular plate
1 x 3.5mm cortical screw
6 x 3.5mm locking screws

Implant Manufacturer :
Auxien

Post Operative Course:
Uneventful

Advice on Discharge:
Do not lift weights with right upper limb

Special needs:

Emergency Symptoms:
Increase in pain and soakage, loss of sensation and movement of affected limb, fever, tingling, numbness

Plaster Care:
NA

K-wire care:
NA

External fixator care:
NA

Wound/Dressing care:
Keep dressing clean and dry

Orthosis:
Maintain right upper limb shoulder Immobilizer

Radiology follow up:
X RAY RIGHT SHOULDER AP, LAT VIEWS ON 28 APR 2025

Surgical Procedures:
SUTURE REMOVAL AFTER 14 DAYS AT HOME OR NEARBY HOSPITAL ON 3 APR 2025

<p style="color:#339C3E;">For e.g. Stent removal or OPD consultation or Dressing etc.</p>

Primary Consultant follow up:
Next follow-up with Dr Milind Modak in Ortho OPD on 28/4/25 at 9 am with xray right shoulder ap and lateral views

Follow up Date : 28/04/2025

Joint Care Dr. Followup :
Follow up with Dr Uday Gokhale in medicine OPD on 5/4/25 at 10 am

Joint Care Followup Date: 05/04/2025

Number of emergency room No:
020 40151027, 020 40151067

Number of Homecare service:

020 40151087

SIGNED BY: Dr. MODAK MILIND

PREPARED BY: DR.GUPTA ABHISHEK VINOD

