



Lata Mangeshkar Medical Foundation's
Deenanath Mangeshkar Hospital & Research Center

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Printed Date:07/03/2025 20:49:54

Patient Name: Mrs. BANGAD KAUSALYA
BANSILAL

MRD#: 1300468

Date of Birth: 24/04/1930

Sex: Female

Visit Code: IP0001

Date of admission: 03/03/2025	Ward/Bed no: SS10C-4033
Date of discharge: 06-03-2025	Type of Discharge: Normal Discharge
Created date: 05/03/2025 10:52	Blood group: O+
Date of procedure: 04/03/2025	Height in cm:
Speciality: SPINE	Weight in kg:
Consultant: Dr. REGE AMOL	

FINAL DIAGNOSIS:

L3 and L4 osteoporotic compression fracture.

DRUG ALLERGIES:

Not Known.

HISTORY OF PRESENT ILLNESS:

History of fall at home

Back pain

Instability pattern

Bilateral thigh pain

No lower limb radicular pain

No claudication, numbness, tingling

Unable to stand.

COMORBIDITIES:

Hypertension, Bronchial Asthma , Rheumatoid Arthritis.

CLINICAL EXAMINATION:

Neurological Examination :- Tenderness not present

Power bilateral lower limbs normal

Sensation normal

Reflexes intact.

MEDICATIONS DURING ADMISSION:

CILACAR TAB 5MG 1-0-1.

HCQS TAB 200MG 0-0-1.

DUOLIN RESPULE 2.5ML 1-1-1.

BUDECORT RESPULE 0.5MG 1-0-1.

LANOL ER TAB 650MG 1-1-1.

ULTRACET TAB 1-0-0.

OSTOSPRAY 1-0-0.

GABANTIN NT 100 TAB 0-0-1.

COURSE IN HOSPITAL AND DISCUSSION:

Patient admitted with above complaints and underwent mentioned procedure. Medicine opinion sought by

MRD No:1300468

Name:Mrs. BANGAD KAUSALYA BANSILAL

Dr. Pratibha Phadke.
Post op Uneventful.
Ambulating well.
Passing urine well.
post op xray satisfactory
Patient stable at Discharge.

INVESTIGATIONS:

Relevant attached.

SURGERY NOTES:

PROCEDURE PERFORMED: L3 and L4 bilateral transpedicular vertebroplasty.

Surgeon: REGE AMOL

Assistant: DR. SWAPNIL KUMAR

Anaesthesiologist: SARAF SUJIT

Anaesthesia Type: GA

Operation Date: 04/03/2025.

IF YOU ARE PREVIOUSLY ON MEDICINES FOR DIABETES, BLOOD PRESSURE, HEART DISEASE, THYROID OR ANY OTHER MEDICINES PLEASE TAKE IT AS PER YOUR PHYSICIANS ADVICE

MEDICATIONS ON DISCHARGE:

Name of Medicine	Schedule	Duration
TAB LANOL ER 650	1-0-1	10 DAYS
TAB ULTRACET	0-1-0	10 DAYS
TAB OSTOSPRAY	1-0-0 ONE PUFF DAILY ALTERNATE NOSTRIL	21 DAYS
TAB HCQS 200	0-0-1	OWN MEDICINE TO BE CONTINUED
TAB CILCAR 10 MG	1-0-0	TO BE CONTINUED AS PER PHYSICIAN
TAB CILACAR 5MG	0-0-1	TO BE CONTINUED AS PER PHYSICIAN
TAB HCQ 200 MG	0-0-1	TO BE CONTINUED AS PER PHYSICIAN
TAB PAN 40	1-0-0 BEFORE BREAKFAST	10 DAYS
Tab shelcal iso	1-1-1-	30 DAYS
CAP UPRISE D3 60000	ONCE PER WEEK	4 WEEKS
Tab premarin 0.625 mg	only on monday and thursday.	as per Dr. Vaishali Deshmukh
S/C Inj teriparatide 20 mcg	daily once	90 days

DIET RECOMMENDATIONS:

As advised.

ADVICE ON DISCHARGE:

Next follow with Dr. Amol Rege in spine OPD on 12/3/2025 1 pm Wednesday with prior appointment.
Stitches removal during followup.

Follow up with Dr. V. Deshmukh in endocrine OPD after 1 month with sr calcium and sr. phosphorus report by appointment

PHYSIOTHERAPY INSTRUCTIONS:

As advised.

SPECIAL NEEDS (PHYSICAL ACTIVITY):

Household walking with walker

Use commode or commode Chair

Do not twist back

Do not bend forward
Do not lift Heavy Weights
Do not wet Dressing
Can Bath after removal of Stitches
Continues Uses of
* Lumbosacral Belt

IN CASE OF EMERGENCY:

If you have following symptoms refer to DMH-Emergency Room-1 which is available 24 x 7 for 365 days.

- *Aggravation of pain
- *Sudden onset weakness in limbs
- *Wound soakage
- *Fever
- *Loss of Urine/stool control.
- *General symptoms.: Chest pain, breathlessness, giddiness.

CONTACT NO:

DMH reception 020- 40151000/49153000/

Ambulance Contact NO.-020- 4015-1540/108/

OPD Appointment : 020-40151100 (Between 8:30 am - 6:30 pm From Monday To Saturday)

SIGNED BY: DR.REGE AMOL

PREPARED BY:

Dr. REGE AMOL

Note:Patient identity is validated and his/her MRD number is unique.