

Lata Mangeshkar Medical Foundation's

## Deenanath Mangeshkar Hospital & Research Center

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Printed Date: 07/01/2025 11:51:39

Patient Name: Mrs. RUPAREL MUKTA

**JAYANTILAL** 

**Date of Birth:** 05/07/1950 **Sex:** Female

Visit Code: IP0001

**Age:** 74Y 6M 2D

MRD#: 1368032

**Speciality: ORTHOPAEDICS** 

**Consultant:** Dr. MODAK MILIND **Joint Care Dr.:** Dr Atul Deshpande

Referrd To: **Date of Procedure** 31/12/2024

Physiotherapist

**Date of Admission:** 30/12/2024 **Date of Discharge:** 06/01/2025

Ward/Bed No. SS10C - 4047 Blood Group: AB+

**DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE** 

**GENERAL ORTHOPEDICS** 

Final Diagnosis:

LEFT FEMUR INTERTROCHANTERIC FRACTURE

Classification of Fracture: Applicable

Drug Allergies: Not known

History of Present Illness:

C/o Pain in left hip

H/o fall with injury over the same

unknown mechanism of fall

H/o injury to head

No h/o LOC, ENT bleed, nausea or vomiting

?event amnesia

K/c/o bronchial asthma, hypothyroidism onmedication

Post fall patient was not able to stand up, bear weight or ambulate

Clinical Course & Event:

Underwent LEFT SIDED OPEN REDUCTION AND PROXIMAL FEMUR PLATING(SORATH) Required ICU monitoring post op. Was shifted to wards once stable and needed O2 support. Required IV

ferinject and PCV transfusion in view of low haemoglobin

## **Discharge Medication:**

ORTHO:

TAB ZOCEF 500. 1---0---1. FOR 5 DAYS

TAB CALPOL 650. 1---0---1. FOR 7 DAYS

TAB PAN 40. 1---0---0. FOR 7 DAYS

TAB RIVABAN 10. 0---0---1. FOR 21 DAYS

TAB GEMCAL PLUS 1---0---0 FOR 30 DAYS

ARNICA 200 3 --- 0 --- 3 FOR 30 DAYS

SYMPHYTUM 200. 3 --- 0 --- 3 FOR 30 DAYS

CAP QUICFRAC 1---0---0 FOR 30 DAYS

JOINT CARE:

SOMPRAZ D 1-0-0 for 5 days

Clinical Examination:

MRD No:1368032 Name:Mrs. RUPAREL MUKTA JAYANTILAL

O/e

Conscious, oriented

Vitally stable

L/e left hip

Tenderness present

ROM - Cannot be eicited due to pain

Dorsalis pedis artery palpable

Active ankle dorsiflexion and toe movement present

Distal sensation normal

Investigations:

**Enclosed** 

**Operative Procedure:** 

LEFT SIDED OPEN REDUCTION AND PROXIMAL FEMUR PLATING(SORATH)

Implant Manufacturer:

Sorath

Post Operative Course:

Uneventful

Advice on Discharge:

Do not sit on the floor, cross legged, squat

Physiotherepy Instruction:

In bed exercises, bed side sitting, non weight bearing ambulation with walker support, commode chair transfer

## **Special needs:**

**Emergency Symptoms:** 

Fever, increased soakage, severe pain, palpitations

Plaster Care:

Na

K-wire care:

Na

External fixator care:

Na

Wound/Dressing care:

Do not wet or remove dressing

Orthosis:

Na

Radiology follow up:

Na

**Surgical Procedures:** 

Suture removal at home by home care services on 14/01/2025

Reason for Reminder:

Suture removal at home on 14/01/2025

Contact homecare services

For e.g. Stent removal or OPD consultation or Dressing etc.

Reminder Date: 14/01/2025

Primary Consultant follow up:

Next follow-up with Dr Milind Modak sir in orthopaedics opd on monday 04/02/2025 at 9am

**Follow up Date :** 04/02/2025

Number of emergency room No: 020 40151027, 020 40151067

Number of Homecare service:

020 40151087

MRD No:1368032 Name:Mrs. RUPAREL MUKTA JAYANTILAL

**SIGNED BY:** Dr. MODAK MILIND **PREPARED BY:** DR.PANDA ABHIJIT



MRD No:1368032