



Joint Replacement and Reconstruction Discharge Summary

Patient Name: Mrs. CHAVAN KANCHAN
KRISHNAKANT

MRD#: 401727

Date Of Birth: 17/01/1942

Sex: Female

Visit Code: IP0003

DOA: 06/01/2025

DOD: 14/01/2025

Room/Bed No.: SS9C-3923

Consultant: Dr. WAKANKAR HEMANT

Reference: Dr. SUKRUT PURANDARE

Diagnosis: Osteoarthritis of left knee.

Clinical course and Event:

C/O: Pain in left knee, difficulty in walking, climbing stairs.

K/C/O: HYPERTENSION, ISCHEMIC HEART DISEASE (PTCA IN 2018)

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: No Effusion, No PFT, MJLT ++, ROM L - 0° - 120°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 13.2

Pre op PCV: 40.8

Pre op Sr Creat: 1.22

Pre op HbA1C: 6.4

Pre op EF: 60%

Post op Hb: 11.2

Post op PCV: 37

Post op Sr Creat: 1.1

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1 x 7 days and then 1-1-1 x 7 days then SOS
2. T. PAN D 1-0-0 x 7 days
3. T. ULTRACET SEMI 1-0-1 x 7 days and then 0-0-1 x 7 days then SOS
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. XARELTO 10 mg 0-0-1 x 14 days
6. T. TRICIUM ACTIVE 1-0-0 x 2 months.
7. T. ROSUMAC ASP 75/10mg 0-0-1 (To be started ONLY after course of T. XARELTO is over).

Following medicines to be continued as per Physician's advice

1. Tab. LASIX 40mg 1/2 --1/2-- 0

Continue until the next follow-up visit. Follow-up after 1 week with Dr. Sukrut Purandare in Medicine OPD.

MRD No: 401727

Name: Mrs. CHAVAN KANCHAN KRISHNAKANT
1/3

	KNEE ROM ON DISCHARGE	
LT	0	90

Staple Removal on: 20/01/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune after 3 months

With: Dr. Hemant Wakankar

OPD Time: Mon and Wed 3 pm to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. On-Call no: 9850285871.

Home Care (for staple removal)- 020-40151087

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Left Total Knee Replacement

Date of Surgery: 07/01/2025 Type of Anaesthesia: SA+LA Anaesthetist: Dr. KOTHURKAR ADITI

Prosthesis Used - ZIMMER PERSONA, USA

Size	-	Left
Femur		3
Tibia		C
Poly		10 mm UC

Post Operative Course:

Post operative pain controlled with local infiltration.

Inj. Supacef 750 mg IV X 2 doses.

All physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Mangeshkar Hospital Joint Replacement Department.
6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.
7. Zuprinor Skin patch applied on 07/01/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 14/01/2025. Remove patch early in case of excessive nausea, vomiting

MRD No: 401727

Name: Mrs. CHAVAN KANCHAN KRISHNAKANT
2/3



or giddiness.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Devdutta Phatak

Date: 14/01/2025

Designation: Registrar

Time: 8 am

Investigation attached separately:

Please bring this card for Follow up:

MRD No:401727

Name: Mrs. CHAVAN KANCHAN KRISHNAKANT
3/3

