



## Joint Replacement and Reconstruction Discharge Summary

**Patient Name:** Mr. KUMBHAR SAURABH LAXMAN **MRD#:** 1443919

**Date Of Birth:** 25/04/1981

**Sex:** Male

**Visit Code:** IP0001

**DOA:** 20/02/2025

**DOD:** 24/02/2025

**Room/Bed No.:** SS12C - 4238

**Consultant:** Dr. KULKARNI MAHESH

**Reference:** DR. SUKRUT PURANDARE

**Diagnosis:** Osteoarthritis of Both hip secondary to Avascular necrosis of femur head

### Clinical course and Event:

C/O: Pain in both hip (left > right), difficulty in walking, climbing stairs.

No comorbidities

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: TENDERNESS - GT, AJLT

RANGE OF MOTION      RIGHT      LEFT

- FLEXION	0-80	0-80
- EXTENSION	0	0
- ABDUCTION	0-10(PAINFUL)	0-10(PAINFUL)
- ADDUCTION	0-10(PAINFUL)	0-10(PAINFUL)
- INTERNAL ROTATIONS	0-5 (PAINFUL)	0-5 (PAINFUL)
- EXTERNAL ROTATIONS	0-15(PAINFUL)	0-15(PAINFUL)

LLD - NO

SPINE EXAMINATION

PERIPHERAL PULSES

NEUROLOGY

N  
N  
N

**ASA Grade:**

2

**Pre op Hb:** 16.2

**Pre op PCV:** 48.7

**Pre op Sr Creat:** 1

**Pre op HbA1C:** 5.9

**Pre op EF:** 60%

**Post op Hb:** 11.9

**Post op PCV:** 40

**Post op Sr Creat:** 1.1

### Advice on Discharge:

✓ 1. T. PACIMOL 650 mg 1-1-1 x 15 days then 1-1-1 x 15 days then 1-0-1 x 15 days

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2. T. PAND 1-0-0 x 30 days
3. T. ULTRACET 1-1-1 x 15 days then 1-0-1 x 15 days
4. T. LYRICA 75 mg 0-0-1 x 30 days
5. T. XARELTO 10 mg 1-0-0 x 35 days

Signature: D. K. Kulkarni (25)  
Date: 24/02/25  
Signature: [Signature]

**Staple Removal on:** 20/02/2025

**Physiotherapy for 1 month after discharge:**

**Next follow up at Deenanath Mangeshkar Hospital, Pune 1 MONTH**

**With:** Dr. Mahesh Kulkarni

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM

ON Call no: For Dr. Mahesh Kulkarni: 9637541165.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.  
Phone no.: 020-4015-1027 / 1065.

### OPERATIVE NOTE

#### **Pre-operative Antibiotics:**

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Total Hip Replacement-Uncemented

Date of Surgery: 21/02/2025

Type of Anaesthesia: SA+LA

Anaesthetist: Dr. Jitendra Kshirsagar

Prosthesis Used - Depuy , Pinnacle , actis , USA

Side	-	Right	Left
Acetabular Cup		54 POROCOAT	52 mm POROCOAT
Liner size		36 Lip ALTRX	36 Lip ALTRX
Femoral stem		6 ACTIS COLLAR	6 ACTIS COLLAR
Femoral Head		36 mm (+1.5)	36 mm (+1.5)

#### **Post Operative Course:**

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

**Foleys cathether:** No

**ICU STAY:** No

**Blood Tranfusion:** No

#### **General advice after discharge:**

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.

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4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.
6. Review with Dr. Mahesh Kulkarni after 1 month with prior appointment.

**Special needs****Physiotherapy:**

For 1 month at home after surgery

**Pain Relief:**

Pain killers for 2 weeks , then as and when required

**Dressing:**

To be changed if soaked more than 50% in fresh blood

**Name of Dr:** AJAY A

**Date:** 24/02/2025

**Designation:** Registrar

**Investigation attached separately:**

*Please bring this card for Follow up:*



*See*