



Joint Replacement and Reconstruction Discharge Summary

Patient Name: Mrs. SURANA SMITA DEEPAK **MRD#:** 1438890
Date Of Birth: 30/08/1975 **Sex:** Female
Visit Code: IP0001
DOA: 28/10/2024 **DOD:** 31/10/2024

Room/Bed No.: SS13B-4324
Consultant: Dr. WAKANKAR HEMANT
Reference: DR ATUL DESHPANDE
Diagnosis: Osteoarthritis of left knee.

Clinical course and Event:

C/O: Pain in left knee, difficulty in walking, climbing stairs.
 K/C/O: Hypothyroidism
 O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.
 L/E: No Effusion, No PFT, MJLT + +, ROM L - 0° - 130°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 11.4
Pre op PCV: 37
Pre op Sr Creat: 0.6
Pre op HbA1C: 5.5
Pre op EF: 60
Post op Hb: 10.7
Post op PCV: 33.1
Post op Sr Creat: 0.66

Advice on Discharge:

1. T. ALTRADAY 1-0-0 x 15 days.
2. T. ULTRACET 0-0-1 x 7 days and then SOS
3. T. XARELTO 10 mg 0-0-1 x 14 days.
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. TRICIUM ACTIVE 1-0-0 x 2 months.
6. T. ECOSPIRIN 75 0-0-1 x 3 months (To be started only after course of T. XARELTO is over)

Following medicines to be continued as per Physician's advice

1. Tab. THYRONORM 100 mcg 1-0-0 till next follow-up

	KNEE ROM ON DISCHARGE	
LT	0	90

Staple Removal on: 09/11/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune after 3 months

With: Dr. Hemant Wakankar

OPD Time: Mon and Wed 3 pm to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. On-Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Left Total Knee Replacement

Date of Surgery: 29/10/24 Type of Anaesthesia: SA+LA Anaesthetist: Dr. Parikh Prerana

Prosthesis Used - ATTUNE, DEPUY, USA

Size	-	Right
Femur		4N
Tibia		3
Poly		6mm PS
Patella		--

Post Operative Course:

Post operative pain controlled with local infiltration.

Inj. Supacef 750 mg IV X 2 doses.

All physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

7. Zuprinor Skin patch applied on 29/10/2024. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 5/11/2024. Remove patch early in case of excessive nausea, vomiting or giddiness.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Devdutta Phatak

Date: 31/10/2024

Designation: Registrar

Time: 2 pm

Investigation attached separately:

Please bring this card for Follow up: