



## Joint Replacement and Reconstruction Discharge Summary

**Patient Name:** Mr. DESHPANDE ANAND  
VASANT

**MRD#:** 262277

**Date Of Birth:** 04/10/1946

**Sex:** Male

**Visit Code:** IP0003

**DOA:** 28/11/2024

**DOD:** 02/12/2024

**Room/Bed No.:** SS9B - 3910

**Consultant:** Dr. KULKARNI MAHESH

**Reference:** DR. UDAY GOKHALE

**Diagnosis:** Osteoarthritis of both knees.

### Clinical course and Event:

C/O: Pain in both knees, difficulty in walking, climbing stairs.

K/C/O: HYPERTENSION, BENIGN PROSTATIC HYPERPLASIA

Allergic to metronidazole

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: No Effusion, No PFT, MJLT ++, ROM R 0° - 120° L - 0° - 120°, Hips - Normal, No DNVC.

**ASA Grade:**

2

**Pre op Hb:** 13.7

**Pre op PCV:** 41.4

**Pre op Sr Creat:** 1.23

**Pre op HbA1C:** 5.6%

**Pre op EF:** 60%

**Post op Hb:** 11.8

**Post op PCV:** 34.7

**Post op Sr Creat:** 1.25

### Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1 x 15 days then 1-1-1 x 15 days then 1-0-1 x 15 days

2. T. PAND 1-0-0 x 30 days

3. T. ULTRACET 1-1-1 x 15 days then 1-0-1 x 15 days

4. T. LYRICA 75 mg 0-0-1 x 30 days - 30

5. T. XARELTO 10 mg 1-0-0 x 14 days - 14

Following medicines to be continued as per Physician's advice

1. T. METPURE XL 25mg, 1-0-1, to continue

2. T. ROSEDAY-A(10+75), 0-0-1, to continue

3. CAP. SILODAL 4mg, 1-0-0, to continue

4. CAP. DUTASTERIDE+SILODOSIN(0.5+4mg), 0-0-1, to continue

5. Routine blood pressure monitoring at home, twice a day

1 L Adult Diaper - 1

MRD No:262277

Name: Mr. DESHPANDE ANAND VASANT

Follow-up with Physician in Medicine OPD after 1 month, with prior appointment

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

Staple Removal on: 13/12/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune 1 MONTH AFTER SURGERY

With: Dr. Mahesh Kulkarni

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

ON Call no: For Dr. Mahesh Kulkarni: 9637541165.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.  
Phone no.: 020-4015-1027 / 1065.

### OPERATIVE NOTE

#### **Pre-operative Antibiotics:**

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Robotic Partial (Medial compartment) Knee Replacement

Date of Surgery: 29/11/2024

Type of Anaesthesia: SA+LA

Anaesthetist: Dr. Jitendra Kshirsagar

Prosthesis Used -STRYKER, MAKO, RESTORIS MCK, USA

Size	-	RIGHT	LEFT
Femur		4	4
Tibia		5	5
Poly		8mm	8mm

#### **Post Operative Course:**

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

#### **General advice after discharge:**

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.

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Review with Dr. Mahesh Kulkarni after 1 month with prior appointment.

**Special needs**

**Physiotherapy:**

For 1 month at home after surgery

**Pain Relief:**

Pain killers for 2 weeks , then as and when required

**Dressing:**

To be changed if soaked more than 50% in fresh blood

**Other:**

remove steristrips and stapler on 13/12/2024 , take bath after 2 days of suture removal

**Name of Dr:** Shivaram

**Date:** 02/12/2024

**Designation:** Assistant Doctor

**Time:** 9:30am

**Investigation attached separately:**

***Please bring this card for Follow up:***