



Patient Name: Smt. GODBOLE ROHINI ARVIND **MRD#:** 211368
Date of Birth: 18/06/1951 **Sex:** Female
Visit Code: IP0001
DOA: 10/10/2024 **DOD:** 14/10/2024

Room/Bed No.: SS12D-4261
Consultant: Dr. KULKARNI MAHESH
Reference: DR UDAY GOKHALE
Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O:Pain in both knees, difficulty in walking, climbing stairs.
 K/C/O:DIABETES, HYPERTENSION, HYPERLIPIDEMIA
 O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.
 L/E:No Effusion, No PFT, MJLT + +, ROM R 0° - 100° L - 0° - 100°, Hips - Normal, No DNVC.

ASA Grade:
 2

Pre op Hb: 10.3
Pre op PCV: 33.1
Pre op Sr Creat: 0.76
Pre op HbA1C: 6.8
Pre op EF: 55%
Post op Hb: 7.5
Post op PCV: 23.8
Post op Sr Creat: 1.17

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1-1 x 15 days then 1-1-1 x 15 days then 1-0-1 x 15 days
 2. T. PAN D 1-0-0 x 30 days
 3. T. ULTRACET 1-1-1 x 15 days then 1-0-1 x 15 days
 4. T. LYRICA 75mg 0-0-1 x 30 days
 5. T. XARELTO 10 mg 1-0-0 x 14 days
- Following medicines to be continued as per Physician's advice

- 1.Tab Glycophage 500. 1-1-1
- 2.Tab prolomet XL50 1-0-0
- 3.Tab letrozole 2.5. 1-0-0
- 4.Tab Shelcal 500. 1-0-1
- 5.Tab Rozavel A 75. 0-0-1

Follow up with Dr Gokhale Uday after 1month with BSL Fasting PP reports

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

Staple Removal on: 25/10/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital,Pune 1 MONTH

With: Dr. Mahesh Kulkarni

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

ON Call no: For Dr. Mahesh Kulkarni: 9637541165.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Total Knee Replacement

Date of Surgery:11/10/2024 Type of Anaesthesia:SA+LA Anaesthetist:Dr.Akshay Uttarwar

Prosthesis Used - Smith and Nephew, Legion ,USA

Size	Right	Left
Femur	4N	3N
Tibia	3	2
Poly (constrained PS	9 mm	11 mm
Patella	-	-
2x 3.5 mm cortical screws		

Post Operative Course:

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: Yes

1 PCV on 12/10/2024, 1PCV on 13/10/2024

General advice after discharge:

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.
6. Review with Dr. Mahesh Kulkarni after 1 month with prior appointment.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Satyajeeet

Date: 14/10/2024

Designation: Registrar

Time: 5pm

Investigation attached separately:

Please bring this card for Follow up:

MRD No:211368

Name:Smt. GODBOLE ROHINI ARVIND