



## ORTHOPEDIC DISCHARGE SUMMARY

**Patient Name:** Mrs. ALANGE PRATIMA  
BALASAHEB  
**Date Of Birth:** 11/06/1980  
**Visit Code:** IP0001

**MRD#:** 1466973

**Sex:** Female

**Age :** 44Y 8M 3D

**Consultant:** Dr. DESHPANDE SHANTANU  
**Joint Care Dr.:** NA

**Speciality:** JOINT REPLACEMENT

**Referred To:**  
Hospital physiotherapist

**Date of Procedure** 11/02/2025

**Date of Admission:** 08/02/2025

**Date of Discharge:** 13/02/2025

**Ward/Bed No.** 4 D - 439

**Blood Group:** O+

**DISCHARGING STATUS:** NORMAL DISCHARGE AS PER CONSULTANT ADVICE  
GENERAL ORTHOPEDICS

**Final Diagnosis:**

Right proximal tibial fracture

**Classification of Fracture:** Applicable

41-Tibia/fibula proximal:

41-B3-split-depression

**Drug Allergies:**

Framadol

**History of Present Illness:**

H/o fall from bike today

H/o patella fractured treated with K wire in past

Recently had knee arthroscopic surgery for meniscal tear as well

C/o severe pain swelling difficulty in walking

**Clinical Course & Event:**

Patient underwent right proximal tibia mippo plating, CC screw fixation Surgery went uneventful. Shifted to ward. Patient developed post op tingling and numbness over plantar aspect of right foot on pod 1. Gradual improvement of Sensations noted in Remainder of hospital stay. Remainder of hospital stay was uneventful

**Discharge Medication:**

**ORTHO :**

BBF → TAB ZOCEF 500MG 1-0-1 FOR 5 DAYS - Covati  
TAB PAN 40 MG 1-0-0 FOR 7 DAYS  
TAB CALPOL 650MG 1-1-1 FOR 7 DAYS - Pacima  
TAB RIVABAN 10 0-0-1 FOR 21 DAYS - 20  
TAB VOVERAN 75MG SOS for pain  
TAB DISPERZYME 1-1-1 \* 10 DAYS

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1/3 Name: Mrs. ALANGE PRATIMA BALASAHEB

**Clinical Examination:**

O/e deep abrasion anterior knee around patella and laterally proximal tibia  
No active bleeding swelling ++ calf supple distal pulse palpable  
Tenderness+++ over right knee  
Knee ROM difficult to elicit due to pain  
Dorsalis pedis palpable  
Active ankle, Toe movements and sensations normal

**Investigations:**

Enclosed

**Operative Procedure:**

Right proximal tibia Mippo plating, CC screw fixation

**Name of Implant:**

7mm CC screw with washer  
3.5mm cortical screw (1)  
Construct completed with 3.5mm locking screws (8)  
8 hole lateral column anatomical proximal tibia plate

**Implant Manufacturer :**

Auxien

**Post Operative Course:**

Patient tolerated procedure well

**Important investigations (Only relevant to Treatment):**

X-ray show lateral tibial condyle fracture depressed fragment plus split

**Advice on Discharge:**

Do not sit cross legged on floor  
Use walker

**Physiotherapy Instruction:**

In bed exercises done  
Bed side sitting exercises with assisted quads  
Non weight bearing ambulation done with walker support  
Chair transfer  
Knee ROM exercises

**Special needs:****Emergency Symptoms:**

bleeding, increase in pain and soakage at operated site, loss of movement and sensation of affected limb  
Chest pain , breathlessness

**Plaster Care:**

NA

**K-wire care:**

NA

**External fixator care:**

NA

**Wound/Dressing care:**

Keep dressing clean and dry  
Do not remove

**Orthosis:**

Walker  
Long knee brace

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2/3 Name: Mrs. ALANGE PRATIMA BALASAHEB

**Radiology follow up:**

NA

**Surgical Procedures:**

NA

Suture removal at home on 25/02/2025

Contact homecare services

25/02/2025

**Primary Consultant follow up:**

Next follow-up with Dr Shantanu Deshpande in joints OPD on 25/03/2025 at 10am

**Follow up Date :** 25/03/2025

**Number of emergency room No:**

020 40151027, 020 40151067

**Number of Homecare service:**

020 40151087

**SIGNED BY:** Dr. DESHPANDE SHANTANU

**PREPARED BY:** DR.KEDAWAT KARTIK

**APP- 020-40151100.**

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3/3 Name: Mrs. ALANGE PRATIMA D.