



## ORTHOPEDIC DISCHARGE SUMMARY

**Patient Name:** Mr. DHAND RAMNIRANJAN MRD#: 569623  
SAGARMAL

**Date Of Birth:** 08/07/1943

**Sex:** Male

**Visit Code:** IP0002

**Consultant:** Dr. MONE MAHESH

**Age :** 80Y 11M 8D

**Speciality:** ORTHOPAEDICS

**Joint Care Dr.:** Dr. Gholap Preeti & Dr.  
Valsangkar Rohan

**Date of Admission:** 06/06/2024

**Date of Procedure** 08-06-2024

**Ward/Bed No.** 4 A - 403

**Date of Discharge:** 15/06/2024

**Blood Group:** B+

**DISCHARGING STATUS:** NORMAL DISCHARGE AS PER CONSULTANT ADVICE  
GENERAL ORTHOPEDICS

**Final Diagnosis:**

Left side neck of femur fracture

**Classification of Fracture:** Applicable

**31-Femur proximal:**

31-B2-transcervical

**History of Present Illness:**

C/o left hip pain

H/o fall from standing height

No h/o head, chest, abdomen injuries

K/c/o Parkinson's disease, Hypothyroidism

**Clinical Course & Event:**

Underwent left side cemented bipolar hemiarthroplasty (DEPUY + RCH). Procedure uneventful. During pre-op examination, patient found to have severe phimosis, Urologist (Dr. Rohan Valsangkar) opinion was taken for the same, Silicone foleys catheterisation was done on 08/06/2024. Patient is advised Circumcision at a later stage. Patient being discharged with Foleys catheter in situ.

**Discharge Medication:**

**ORTHO :**

TAB ZOCEF 500MG 1-0-1 FOR 5 DAYS

TAB CALPOL 650MG 1-1-1 FOR 14 DAYS

CAP TRAMAZAC 50MG 1 TAB SOS IF REQUIRED FOR PAIN

TAB PAN 40MG 1-0-0 FOR 14 DAYS

TAB RIVABAN 10MG 0-0-1 FOR 21 DAYS

TAB COLLACIUM D3 1-0-0 FOR 30 DAYS

**JOINT CARE :**

TAB SYNDOPA PLUS 1-1-0

MRD No:569623

Name:Mr. DHAND RAMNIRANJAN SAGARMAL  
1/3

TAB SYNDOPA CR 125mg 1-1-1  
TAB ELTROXIN 75mcg 1-0-0  
Continue till next follow up with physician

**Clinical Examination:**

O/e -

Patient alert, conscious and oriented

Vitals stable

Afebrile

L/e left lower limb

Shortening +

Lower limb externally rotated in attitude

Tenderness ++ over hip

ROM difficult to elicit due to pain

Dorsalis pedis palpable

Flickering ankle, toe movements and sensations present

X rays from outside suggestive of left neck of femur Fracture

**Investigations:**

Enclosed

**Operative Procedure:**

Left side cemented bipolar hemiarthroplasty (DEPUY + RCH)

**Name of Implant:**

Small size cemented bipolar stem (RCH)

46 mm + 28mm (minus) head (Depuy)

**Implant Manufacturer :**

DEPUY + RCH

**Post Operative Course:**

Uneventful

**Advice on Discharge:**

Do not sit on low surfaces / cross legged / squat

Ice compressions 4-5 times / day

Patient being discharged with Foleys catheter in situ. (Insertion done on 08/06/2024)

**Physiotherapy Instruction:**

In bed exercises, bed side sitting, chair transfer, full weight bearing ambulation with walker support.

**Special needs:**

**Emergency Symptoms:**

Fever, increasing pain at operative site, increasing soakage from operative site, loss of sensations / movements of operated limb.

Chest pain / palpitations / breathlessness

**Plaster Care:**

NA

**K-wire care:**

NA

**External fixator care:**

NA

**Wound/Dressing care:**

Keep dry and clean

Do not remove

Suture removal to be done at home by homecare team / at nearby Orthopaedic hospital on 22/06/2024.

**Orthosis:**

Use commode chair

Weight bearing ambulation with walker support

**Radiology follow up:**

Check X-ray :-

1. X-ray Pelvis with both hips AP view
2. X-ray Left hip lateral view

**Surgical Procedures:**

NA

Suture removal at home

22/06/2024

**Primary Consultant follow up:**

Next follow-up with Dr. MONE MAHESH in ORTHO OPD on THURSDAY (18/07/2024) at 8am with Check X-rays Pelvis with both hips AP view

**Follow up Date :** 18/07/2024

**Joint Care Dr. Followup :**

Next follow-up with Dr. Gholap Preeti in MEDICINE OPD with prior appointment after 2 weeks.

Next follow up with Dr. Deshpande Hrushikesh in NEUROLOGY OPD with prior appointment after 2 weeks.

Next follow up with Dr. Valsangkar Rohan in UROLOGY OPD with prior appointment after 2 weeks.

**Number of emergency room No:**

020 40151027, 020 40151067

**Number of Homecare service:**

020 40151087

**Physician:**

Dr. GHOLAP PREETI

**SIGNED BY:** Dr. MONE MAHESH

**PREPARED BY:** DR.KEDAWAT KARTIK