



## ORTHOPEDIC DISCHARGE SUMMARY

**Patient Name:** Smt. SHUKLA MANISHA  
MADHUKAR  
**Date Of Birth:** 04/09/1947  
**Visit Code:** IP0009

**MRD#:** 28018

**Sex:** Female

**Consultant:** Dr. MONE MAHESH  
**Joint Care Dr.:** Dr Atul Deshpande

**Age :** 77Y 5M 9D

**Speciality:** ORTHOPAEDICS

**Referrd To:**  
Hospital Physiotherapist

**Date of Procedure** 07/02/2025

**Date of Admission:** 06/02/2025

**Date of Discharge:** 12/02/2025

**Ward/Bed No.** 4 B - 427

**Blood Group:** O+

**DISCHARGING STATUS:** NORMAL DISCHARGE AS PER CONSULTANT ADVICE  
GENERAL ORTHOPEDICS

**Final Diagnosis:**

Right subtrochanteric femur fracture

**Classification of Fracture:** Applicable

**31-Femur proximal:**

31-A1-pertrochanteric simple

**Drug Allergies:**

Not known

**History of Present Illness:**

C/o right hip pain

h/o RTA

No h/o injury to head, chest, abdomen, pelvis

No h/o LOC, ENT bleed, nausea, vomiting

K/c/o DM, HTN, IHD, post PCI status (done in 2012)

Patient is on Clopidogrel, last dose taken ?yesterday

Post injury patient unable to stand up, bear weight or ambulate  
pre-fall ambulatory patient without any support

**Clinical Course & Event:**

Patient underwent Open reduction and internal fixation with Proximal Femoral Nail of right side.

Patient tolerated the procedure well and shifted to ward. Foleys catheterization done on POD 0 i/v/o  
acute urinary retention

Foleys catheter removed on pod 4

Clearance given for discharge after patient freely passed urine

Patient stepped down from toe touch weight bearing to non weight bearing ambulation i/v/o poor  
compliance

**Discharge Medication:**

**ORTHO :**

TAB CALPOL 650mg 1-1-1 \* 10 days  
TAB PAN 40mg 1-0-0 \* 10 days  
TAB ZOCEF 500mg 1-0-1 \* 5 days  
TAB COLLACIUM D3 1-0-0 \* 30 days  
TAB RIVABAN 10mg 0-0-1 \* 21 days

**JOINT CARE :**

INJ ACTRAPID 8-16-16 units before breakfast before lunch before dinner subcutaneously  
GLADOR TAB 1MG , ORAL, Twice a day (0-1-1)  
TAB LINATIN 5 MG, 1-0-0  
CAP CLOPITAB CV 0-0-1 (start after RIVABAN course ends)  
SILODERM TO APPLY LOCALLY IN ANAL REGION

Continue above medications till next follow up with physician

**Past History:**

NA

**Personal History:**

NA

**Family History:**

NA

**Clinical Examination:**

O/e

Conscious, oriented

Vitally stable

Afebrile

Cervical spine movement free

No chest tenderness

Abdomen soft, non-tender, no guarding or rigidity

L/e right hip

Attitude - in flexion, abduction, external rotation

shortening present

ROM - cannot be elicited due to pain

Dorsalis pedis artery palpable

Active ankle dorsiflexion present

Sensation intact

**Investigations:**

Enclosed

**Operative Procedure:**

Open reduction and internal fixation with Proximal Femoral Nail - Right side

**Name of Implant:**

Size 10\*340mm Proximal Femoral Nail

95mm Helical blade

2 x 4.5mm bolts

**Implant Manufacturer :**

MEDTRONICS

**Post Operative Course:**

Foleys catheterization done on POD 0 i/v/o acute urinary retention

Foleys catheter removed on pod 4



Clearance given for discharge after patient freely passed urine

**Important investigations (Only relevant to Treatment):**

X-ray done outside - right subtrochanteric femur fracture

**Advice on Discharge:**

- Do not sit on the floor, cross legged, squat
- check BSL fasting and pp after 5 days and inform Dr. Atul Deshpande

**Physiotherapy Instruction:**

In bed exercises  
Bed side sitting exercises  
Non weight bearing ambulation with walker support  
Chair transfer

**Special needs:**

**Emergency Symptoms:**

Swelling, bleeding, increase in pain and soakage at operated site, loss of sensation and movement of affected limb

Chest pain, breathlessness, palpitations

**Plaster Care:**

NA

**K-wire care:**

NA

**External fixator care:**

NA

**Wound/Dressing care:**

Do not wet  
Do not remove  
Keep clean

**Orthosis:**

NA

**Radiology follow up:**

NA

**Surgical Procedures:**

NA

Suture removal at home

Contact homecare services

22/02/2025

**Primary Consultant follow up:**

Next follow-up with Dr Mahesh mone in orthopedics OPD on Thursday 20/03/25 at 8am with x ray pelvis with both hips AP view and x ray right femur full length AP and lateral views

**Follow up Date : 20/03/2025**

**Joint Care Dr. Followup :**

Next follow up with Dr. Atul Deshpande in medicine OPD after 2 weeks with prior appointment and with fasting, pp Bsl reports

**Number of emergency room No:**

020 40151027, 020 40151067

**Number of Homecare service:**

020 40151087