14.19

Joint Replacement and Reconstruction Discharge Summary

Patient Name: Mr. PUROHIT SANTOSH KUMAR   **MRD#:** 368724

Date Of Birth: 26/03/1954   **Sex:** Male

Visit Code: IP0001

DOA: 07/01/2025   **DOD:** 11/01/2025

Room/Bed No.: SS13D-4357

Consultant: Dr. WAKANKAR HEMANT

Reference: Dr. PURANDARE SUKRUT

Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:
C/O:Pain in both knees, difficulty in walking, climbing stairs.
K/C/O:Hypertension.
O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.
L/E:No Effusion, No PFT, MJLT + +, ROM R 0° - 120° L - 0° - 120°, Hips - Normal, No DNVC.

ASA Grade:
2

Pre op Hb: 13.8

Pre op PCV: 42

Pre op Sr Creat: 0.8

Pre op HbA1C: 5.4

Pre op EF: 60%

Post op Hb: 12

Post op PCV: 38.2

Post op Sr Creat: 0.74

Advice on Discharge:
1. T. ALTRADAY 1-0-0 x 15 days.
2. T. ULTRACET 0-0-1 x 7 days and then SOS *Pain killer*
3. T. XARELTO 10 mg 0-0-1 x 14 days.
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. TRICIUM ACTIVE 1-0-0 x 2 months.
6. T. ECOSPRIN 75 0-0-1 x3 months   (To be started ONLY after course of T.XARELTO is over)
7. Tab. Silodal 8mg, 0-0-1 x 7 days

Following medicines to be continued as per Physician's advice
1. Tab Met XL 25, 0-0-1 with Blood pressure check   140/90
2. Routine blood pressure monitoring at home.
3. follow up physician in medicine OPD after 4 weeks with prior appointment.

KNEE ROM ON DISCHARGE	

MRD No:368724   Name:Mr. PUROHIT SANTOSH KUMAR

RT	0	90
LT	0	90

Staple Removal on: 22/01/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital,Pune after 3 months

With: Dr. Hemant Wakankar   **OPD Time:** Mon and Wed 3 pm
to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM. Appointment

For emergency contact : Dept. On-Call no: 9850285871.

Home Care (for staple removal) - 020-40151087

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:
Inj. SUPACEF 1.5gm IV

Operative Procedure: MAKO Robotic Bilateral Total Knee Replacement

Date of Surgery:8/1/2025
Type of Anaesthesia:SA+LA
Anaesthetist:Dr. SARAF SUJIT

Prosthesis Used - Triathlon, Stryker ,USA

Size	Right	Left
Femur	6	6
Tibia	6	6
Poly	9mm CS	10mm CS
Patella	-	-

Post Operative Course:
Post operative pain controlled with local infiltration.
Inj. Supacef 750 mg IV X 2 doses.
All physiotherapy goals achieved.

Foleys cathether: Yes

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:
List of Emergencies:
Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent
medical attention.
1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report
to Deenanath Mangeshkar Hospital Joint Replacement Department.

MRD No:368724   Name:Mr. PUROHIT SANTOSH KUMAR

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.
7. Zuprinor Skin patch applied on 8/1/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 15/1/2025. Remove patch early in case of excessive nausea, vomiting or giddiness.

Special needs

Physiotherapy:
For 1 month at home after surgery

Pain Relief:
Pain killers for 2 weeks , then as and when required

Dressing:
To be changed if soaked more than 50% in fresh blood

Name of Dr: Durgesh   **Date:** 11/01/2025

Designation: Assistant Doctor   **Time:** 13:35

Investigation attached separately: *Please bring this card for Follow up:*