



Joint Replacement and Reconstruction Discharge Summary

Patient Name: Mrs. PANDA KATYAYANI
BISWAMBAR

MRD#: 203412

Date Of Birth: 05/09/1954

Sex: Female

Visit Code: IP0002

DOA: 20/03/2025

DOD: 23/03/2025

Room/Bed No.: SS9B-3909

Consultant: Dr. WAKANKAR HEMANT

Reference: Dr Atul Deshpande

Diagnosis: Osteoarthritis of left knee.

Clinical course and Event:

C/O: Pain in left knee, difficulty in walking, climbing stairs.

K/C/O: Hypertension

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: No Effusion, No PFT, MJLT ++, ROM L - 10° - 90°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 11.5gm/dl

Pre op PCV: 36.4

Pre op Sr Creat: 1.11

Pre op HbA1C: 6.3

Pre op EF: 60

Post op Hb: 10.7

Post op PCV: 33.1

Post op Sr Creat: 0.94

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1-1 x 7 days and then 1-1-1 x 7 days then SOS
2. T. PAN D 1-0-0 x 7 days
3. T. ULTRACET SEMI 1-0-1 x 7 days and then 0-0-1 x 7 days then SOS
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. TRICIUM ACTIV 1-0-0 x 2 months.
6. T. XARELTO 10 mg 0-0-1 x 14 days
7. T. ECOSPRIN 75 0-0-1 x 3 MONTHS (To be started only after course of T. XARELTO is over)

Following medicines to be continued as per Physician's advice

1. Tab Stamlo 5mg, 1-0-0
- If Blood pressure remains more than 140/90mmHg, give T.Arbitel 40mg, 1/2-0-0.
2. Routine blood pressure monitoring at home, twice a day
3. Follow-up with Physician after 1 month, with prior appointment

MRD No:203412

Name: Mrs. PANDA KATYAYANI BISWAMBAR
1/3

	KNEE ROM ON DISCHARGE	
LT	0	90

Staple Removal on: 04/04/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune after 3 months

With: Dr. Hemant Wakankar

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. ON Call no: 9850285871.

For staple removal, call Home care department: 020 40151087

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Left Total Knee Replacement

Date of Surgery: 21/3/2025 Type of Anaesthesia: SA+LA Anaesthetist: Dr. KHARE PRASANNA

Prosthesis Used - Depuy, Attune, USA

Size	-	Left
Femur		2
Tibia		2
Poly		7mm PS
Patella		-

Post Operative Course:

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Mangeshkar Hospital Joint Replacement Department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

7. Zuprinor Skin patch applied on 21/03/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 28/03/2025. Remove patch early in case of excessive nausea, vomiting