



Patient Name: Smt. ARANKALLE MANDAKINI NARAYAN **MRD#:** 1140010

Date of Birth: 24/02/1941

Sex: Female

Visit Code: IP0003

Age : 84Y 0M 2D

Bed No : 4 A - 410

Consultant : Dr. WALIMBE AMIT

Date of Admission : 20/02/2025

Discharge Type : FOLLOW UP DISCHARGE

Date of Discharge : 26/02/2025

DIAGNOSIS :

Spurious diarrhoea

HISTORY OF PRESENT ILLNESS :

The patient, 84 year old, Now admitted with 6-7 episodes of watery diarrhoea since last 15-20 days, not relieved with probiotics with intermittent PR bleed. Was ambulatory at home but now has generalised weakness and patient is bed bound since last 15 days. Patient is being admitted to DMH for further management.

CLINICAL EXAMINATION ON ADMISSION:

Oe

No fever

UMN type facial nerve palsy

BP 110/70 mm hg

Appearance dull

Dry coated tongue

Dry scaly skin

Maintaining sats on RA

Chest is clear

Pa soft NGR NT BS +

Moving all 4 limbs

RELEVANT INVESTIGATIONS :

Attached to the file

COURSE IN THE HOSPITAL AND DISCUSSION :

Patient with above mentioned complaints was admitted to wards after initial management in ER. Patient was started on Iv fluids and other symptomatic medications. Gastroenterology reference was given to Dr Gadhikar and medical management was continued as advised. Surgery reference was given to Dr Ashish in view of painful defecation and advise was followed. Surgery and Gastroenterology advised to as spurious diarrhoea, hence treated with lactose. Iv fluids and anti motility drugs were continued and patient responded well to above line of treatment. Patient is vitally and clinically stable and is being discharged with follow up as advised.

STATUS AT DISCHARGE :

Stable

PLAN ON DISCHARGE :

Investigations to be done before coming to the follow-up: cbc rft

Follow Up:

with Dr. Amit Walimbe after 2 weeks with prior appointment in Medicine OPD, Old building, Ground Floor, D wing.

DISCHARGE MEDICATIONS:

Medicine	Frequency	Duration	Instruction
APIXAPIL TAB 5MG	1-0-1	till follow up	
TAB REMYLIN D	0-1-0	till follow up	
ANOBLISS CREAM 30gm	1-0-1	5days	
ECONORM POWDER 250mg	1-0-0	5days	
FYBOGEL SUGAR FREE	1-0-0	till follow up	2tsp in a glass of water
DUPHALAC SYRUP 150 ml	0-0-1	till follow up	
TAB ECOSPRIN 150	1-0-1	till follow up	

CONTACT DETAILS :

* OPD Appointment: 020-40151100 between 9.00 a.m. to 6:30 p.m. (Sunday Closed)

* Medicine OPD Reception: 020-40151072 (9 a.m. to 6 p.m.)

* DMH reception 020- 40151000/49153000

IN CASE OF EMERGENCY :

If you have following symptoms :

Dehydrated lethargic

Refer to DMH-Emergency Room-1 which is available 24 x 7 for 365 days. Phone 020-40151027/1065

Ambulance No. 020-40151540/108

SPECIAL NEEDS :

PREPARED BY : DR.KANJALKAR VARAD MILIND

APPROVED BY : Dr. WALIMBE AMIT