



ORTHOPEDIC DISCHARGE SUMMARY

Patient Name: Mrs. PUROHIT NAMRATA MOHAN
Date Of Birth: 11/09/1958
Visit Code: IP0001

MRD#: 1241787

Sex: Female

Age : 65Y 11M 22D

Speciality: JOINT REPLACEMENT

Consultant: Dr. BARVE RAGHAV

Joint Care Dr.: Dr Uday Gokhale

Referrd To:

Physiotherapist

Date of Procedure 31/08/2024

Date of Admission: 31/08/2024

Date of Discharge: 03/09/2024

Ward/Bed No. SS8A - 3803

Blood Group: B+

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE
GENERAL ORTHOPEDICS

Final Diagnosis:

Left knee gross osteoarthritis

Classification of Fracture: Not Applicable

Drug Allergies:

Not known

History of Present Illness:

C/o -left knee pain

No h/o injury or trauma

No known comorbidites

Clinical Course & Event:

Underwent left side total knee replacement

Discharge Medication:

ORTHO :

Tab Ceftum 500mg. 1---0---1 for 5days (2)

Tab Calpol 650mg. 1---1---1 for 7days

Tab Pan 40mg. 1---0---0. for 7days

Tab Rivaban 10mg. 0---0--1 for 21days

Tab Collacium d3. 1---0---0 for 30days

Tab Combiflam sos for pain

Clinical Examination:

O/e-

Vitally stable

L/e-left knee

Medial joint tenderness present

ROM terminally restricted and painful
Dorsalis pedis artery palpable
Distal sensations present
Active toe and ankle movements possible
X-ray -left knee gross osteoarthritis

Investigations:

Enclosed

Operative Procedure:

Left side total knee replacement

Implant Manufacturer :

Zimmer

Post Operative Course:

Uneventful

Advice on Discharge:

Do not sit on the floor crossed legged or squatting.

Keep dressing dry.

Ice compressions - 5 TO 6 TIMES A DAY

Knee bending upto 120 degrees.

Physiotherapy Instruction:

Knee ROM exercises

quad,VMO,hip abductor strengthening exercises

in bed exercises

bed side sitting

commode chair transfer

ambulation with walker support

Special needs:

Emergency Symptoms:

Fever, increased soakage,severe pain, palpitations

Plaster Care:

Na

K-wire care:

Na

External fixator care:

Na

Wound/Dressing care:

Do not wet or remove dressing

Orthosis:

Na

Radiology follow up:

Na

Surgical Procedures:

Suture removal and dressing change at home by home care services on 14/09/2024 by Dr Onkar

Primary Consultant follow up:

Next follow-up with Dr Raghav Barve sir in orthopaedics opd on 05/10/2024 saturday at 9am

Follow up Date : 05/10/2024

Number of emergency room No:

020 40151027, 020 40151067

Number of Homecare service-

020 401 100

SIGNED BY: DR BARVE RACHAV

PREPARED BY: DR GURU VITTHAL GAJANAN