



Joint Replacement and Reconstruction Discharge Summary

Patient Name: Mrs. HALWAI GUPTA SAROJ JEEVAN **MRD#:** 1415522
Date Of Birth: 01/09/1963 **Sex:** Female
Visit Code: IP0001 **DOD:** 13/10/2024
DOA: 09/10/2024

Room/Bed No.: SS13C-4348
Consultant: Dr. WAKANKAR HEMANT
Reference: DR DESHMUKH HRISHIKESH
Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O: Pain in both knees, difficulty in walking, climbing stairs.

K/C/O: HYPERTENSION

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: No Effusion. No PFT, MJLT ++, ROM R - 10° - 140° L - 0° - 90°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 13
Pre op PCV: 41.9
Pre op Sr Creat: 0.63
Pre op HbA1C: 5.7
Pre op EF: 60%
Post op Hb: 10.6
Post op PCV: 32
Post op Sr Creat: 0.62

Advice on Discharge:

1. T. ALTRADAY 1-0-0 x 15 days. 15
 2. T. ULTRACET 0-0-1 x 7 days and then SOS 10
 3. T. XARELTO 10 mg 0-0-1 x 14 days. 14 *13/10 started till 26th Oct*
 4. T. RESNER PLUS 0-0-1 x 1 month 30
 5. T. TRICIUM ACTIVE 1-0-0 x 2 months. 60 98
 6. T. ECOSPIRIN 75 0-0-1 x 3 months (To be started only after course of T. XARELTO is over)
- Following medicines to be continued as per Physician's advice
1. Tab STAMLO 5 mg 1-0-0 30
 2. FORACORT inhaler SOS

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

MRD No: 1415522

Name: Mrs. HALWAI GUPTA SAROJ JEEVAN

Staple Removal on: 23/10/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune 3 MONTHS

With: Dr. Hemant Wakankar

OPD Time: Mon and Wed 3 pm
to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. ON Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Total Knee Replacement

Date of Surgery: 10/10/24 Type of Anaesthesia: SA+LA Anaesthetist: Dr. Manjiri Ranade

Prosthesis Used - MAXX, FREEDOM, USA

Size	-	Right	Left
Femur		D	C
Tibia		3	3
Poly		9mm PS	11 mm PS

Post Operative Course:

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

7. Zuprinor Skin patch applied on 10/10/2024. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 17/10/2024. Remove patch early in case of excessive nausea, vomiting or giddiness.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: MAQBAL

Designation: Assistant Doctor

Investigation attached separately:

Date: 13/10/2024

Time: 1.30PM

Please bring this card for Follow up: