



Patient Name: Mrs. DESHMUKH ANITA NARENDRA
MRD#: 1098918
Date of Birth: 08/06/1967
Sex: Female
Visit Code: IP0001
DOA: 18/07/2024
DOD: 21/07/2024
Room/Bed No.: SS7C2-3749
Consultant: Dr.KULKARNI MAHESH (Regn No.:72917)
Reference: DR SUKRUT PURANDARE
Diagnosis: Osteoarthritis of left knee.

Clinical course and Event:

C/O:Pain in left knee, difficulty in walking, climbing stairs.
 NO comorbidities
 O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.
 L/E:No Effusion, No PFT, MJLT + +, ROM L - 0° - 130°, Hips - Normal, No DNVC.

ASA Grade:
 2

Pre op Hb: 13.7
Pre op PCV: 43.5
Pre op Sr Creat: 0.71
Pre op HbA1C: 5.4
Pre op EF: 60
Post op Hb: 11.5
Post op PCV: 35.3
Post op Sr Creat: 0.62

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1-1 x 15 days then 1-1-1 x 15 days then 1-0-1 x 15 days
2. T. PAN D 1-0-0 x 30 days
3. T. ULTRACET 1-1-1 x 15 days then 1-0-1 x 15 days
4. T. RUGTRIT 75 mg 0-0-1 x 7 days
5. T. XARELTO 10 mg 0-0-1 x 14 days.

	KNEE ROM ON DISCHARGE	
LT	0	90

Staple Removal on: 01/08/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital,Pune 1 MONTH

With: Dr. Mahesh Kulkarni

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

ON Call no: For Dr. Mahesh Kulkarni: 9637541165.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.:

MRD No:1098918

Name:Mrs. DESHMUKH ANITA NARENDRA

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Left Total Knee Replacement

Date of Surgery:19/7/24 Type of Anaesthesia: SA +LA Anaesthetist:Dr.Ghotavadekar Sameer

Tourniquet inflated at 280 mm Hg for L - 46 min.

Midline incision. Arthrotomy through medial para patellar approach.

Patella: No degeneration. Patellar osteophytes excised.

ACL- Attenuated. PCL- Normal. Menisci- Degenerated.

Routine medial and posteromedial release done.

Distal femoral cut taken using intramedullary jig at 5°. Tibial cut with posterior 7° slope using extramedullary jig. Femoral sizing done using anterior referencing and femoral cutting block fixed in 3° of external rotation.

Flexion / Extension gaps balanced and mediolateral stability checked. Posterior release done.

Anterior and posterior chamfer cuts and box cuts completed. Trial prosthesis inserted. Joint stability and patellofemoral tracking satisfactory. Lateral retinacular release not done/done. Femoral canal plugged with bone.

Trial prosthesis removed. Thorough joint wash given with normal saline pulsed lavage.

Tibial baseplate, Femoral prosthesis fixed with Palacos bone cement (Supacef 750 mg added).

Tourniquet released. Haemostasis achieved.

Tibial Poly inserted. Component stability and mediolateral stability reviewed.

Wound closed in layers without drain with Vicryl 1 and undyed Vicryl 2-0 and Staples.

Sterile dressing done.

DVT stockings given immediately post operatively.

Intraoperative PCV not given.

Inj. Tranexamic Acid (20 mg/ kg) given at cementation and repeated at 3hrs and 6hrs.

LMWH started on the night of the surgery and continued till adequately mobilized.

Prosthesis Used -Smith and Nephew, Legion, Oxinium ,USA

Size	-	Left
Femur		3N
Tibia		1
Poly		13 mm PS
Patella		-

Post Operative Course:

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.
6. Review with Dr. Mahesh Kulkarni after 1 month with prior appointment.

Special needs

Physiotherapy:
For 1 month at home after surgery

Pain Relief:
Pain killers for 2 weeks , then as and when required

Dressing:
To be changed if soaked more than 50% in fresh blood

Name of Dr: Varun Vig

Date: 21/07/2024

Designation: Assistant Doctor

Time: 11 am

Investigation attached separately:

Please bring this card for Follow up:

