

Lata Mangeshkar Medical Foundation's

Deenanath Mangeshkar Hospital & Research Center

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ORTHOPEDIC DISCHARGE SUMMARY

Patient Name: Smt. KHARATAMAL

PRABHAVATI MARUTI Date Of Birth: 18/02/1951

Visit Code: IP0001

Consultant: Dr. MODAK MILIND

Joint Care Dr.: Dr Pratibha Phadke

Referrd To:

Na

Date of Admission: 17/08/2024

Ward/Bed No. 4 B - 424

MRD#: 1422372

Sex: Female

Age: 73Y 6M 5D

Speciality: ORTHOPAEDICS

Date of Procedure 19/08/2024

Date of Discharge: 24/08/2024

Blood Group: A+

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE

GENERAL ORTHOPEDICS

Final Diagnosis:

Lest Intertrochanteric femur fracture Classification of Fracture: Applicable

31-Femur proximal:

31-A3-intertrochanteric

Drug Allergies:

Not known

History of Present Illness:

C/o pain in left hip

H/o slip and fall with injury over the same

No h/o injury to head chest abdomen or pelvis

No h/o LOC, ENT bleed, nausea or vomiting

K/c/o dm and htn on medication

Post fall patient was not able to stand up, bear weight and ambulate

Clinical Course & Event:

Underwent Closed reduction + fixation with Proximal Femoral Plating - Left side

Discharge Medication:

ORTHO:

TAB ZOCEF 500MG 1-0-1 FOR 5 DAYS

TAB CALPOL 650MG 1-1-1 FOR 10 DAYS

CAP TRAMAZAC 50MG 1 TAB SOS IF REQUIRED FOR PAIN

TAB PAN 40MG 1-0-0 FOR 10 DAYS

TAB RIVABAN 10MG 0-0-1 FOR 21 DAYS

TAB COLLACIUM D3 1-0-0 FOR 30 DAYS

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ARNICA 200 3-0-3 FOR 30 DAYS
SYMPHYTUM 200 3-0-3 FOR 30 DAYS
CAP OUICFRAC 1-0-0 FOR 30 DAYS

JOINT CARE:

Following medicines as per physician

Tab. Glimeperide + Metformin (1+500) 1-0-0

V Tab Gabaquil NT 0-0-1

Tab Tonact 10mg 0-0-1

Tab Stamlo 5 1-0-1

Clinical Examination:

O/e

Conscious oriented

Vitally stable

L/e left hip

Tenderness present

ROM - cannot be elicited due to pain

Dorsalis pedis artery palpable

Active ankle dorsiflexion and toe movement present

Distal sensation intact

On X-ray - left intertrochanteric femur freacture

Investigations:

Enclosed

Operative Procedure:

Closed reduction + fixation with Proximal Femoral Plating - Left side

Implant Manufacturer:

Sorath

Post Operative Course:

Uneventful

Advice on Discharge:

Do not cross the legs

Discharge with foley's catheter in situ

Foley's catheter removal trial to be done in uro daycare on 31st August

Physiotherepy Instruction:

In bed exercises

Bed side sitting

Bed to commode chair transfer

Non weight bearing ambulation with Walker support

Special needs:

Emergency Symptoms:

Severe pain, fever, soakage, breathlessness, palpitation, chest pain

Plaster Care:

Na

K-wire care:

Na

External fixator care:

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Wound/Dressing care:

Do not wet or remove the dressing

Orthosis:

Walker

Radiology follow up:

X-ray left Hip AP and Lateral views to be done on

Surgical Procedures:

Suture removal to be done at home on 3rd September through home care service

Primary Consultant follow up:

Next follow-up with Dr Milind Modak sir in ortho OPD on Monday (30/09/2024) at 9am with check x-ray

Follow up Date: 30/09/2024

Joint Care Dr. Followup:

Follow up with Dr Pratibha Phadke in Medicine OPD on Tuesday or in private clinic in 15 days with prior appointment with BSL fasting and PP

Number of emergency room No: 020 40151027, 020 40151067

Number of Homecare service:

020 40151087

SIGNED BY: Dr. MODAK MILIND

PREPARED BY: DR.CHERUKURI NIKHIL SAI

MRD No:1422372

Name:Smt. KHARATAMAL PRABIJAVATI MARUTI