



Joint Replacement and Reconstruction Discharge Summary

Patient Name: Smt. KHATER MEENABAI NARAYANDAS

MRD#: 816243

Date Of Birth: 01/01/1958

Sex: Female

Visit Code: IP0002

DOA: 09/03/2025

DOD: 13/03/2025

Room/Bed No.: SS8B-3812

Consultant: Dr. WAKANKAR HEMANT

Reference: DR. PRATIBHA PHADAKE

Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O: Pain in both knees, difficulty in walking, climbing stairs.

K/C/O: hypertension, hypothyroidism

O/E: Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E: No Effusion, No PFT, MJLT ++, ROM R 0° - 140° L - 5° - 140°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 12

Pre op PCV: 35.3

Pre op Sr Creat: 0.91

Pre op HbA1C: 5.6%

Pre op EF: 60%

Post op Hb: 10.3

Post op PCV: 32.4

Post op Sr Creat: 0.8

Advice on Discharge:

1. T. ALTRADAY 1-0-0 x 15 days.
2. T. ULTRACET 0-0-1 x 7 days and then SOS
3. T. XARELTO 10 mg 0-0-1 x 14 days.
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. TRICIUM ACTIV 1-0-0 x 2 months.
6. T. ECOSPRIN 75 0-0-1 x 3 MONTHS (To be started only after course of T. XARELTO is over)

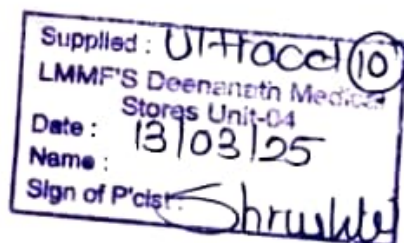
Following medicines to be continued as per Physician's advice

1. Tab. Asomex TM 1-0-0
2. Tab. thyronorm 100mcg, 1-0-0

Follow up after 1 month with own physician or Dr. Pratibha Phadke on tuesday opd with prior appointment

MRD No: 816243

Name: Smt. KHATER MEENABAI NARAYANDAS
1/3



	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

Staple Removal on: 24/03/2025

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital, Pune 3 months

With: Dr. Hemant Wakankar

OPD Time: Mon and Wed 3 pm to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. On-Call no: 9850285871.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day.
Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Total Knee Replacement

Date of Surgery: 10/03/2025

Type of Anaesthesia: SA+LA

Anaesthetist: Dr. PRABHUNE AARTI

Prosthesis Used - DEPUY, ATTUNE, USA

Size	-	Right	Left
Femur		4	4
Tibia		3	3
Poly		5 mm PS	5 mm PS
Patella		-	-

Post Operative Course:

Post operative pain controlled with local infiltration.

Inj. Supacef 750 mg IV X 2 doses.

All physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever, swelling, bleeding, redness, calf swelling, tightness, pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.

2. Routine physiotherapy as per advice.

3. Start walking outdoor by 3 weeks.

4. Driving can be started after 6 weeks.

5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.

6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.

Zuprinor Skin patch applied on 10/03/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 17/03/2025. Remove patch early in case of excessive nausea, vomiting or dizziness.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Satyajee

Date: 13/03/2025

Designation: Registrar

Time: 1 pm

Investigation attached separately:

Please bring this card for Follow up:

