



ORTHOPEDIC DISCHARGE SUMMARY

Patient Name: Mrs. WALDHURKAR ANJALI AVINASH
MRD#: 1298640
Sex: Female
Date Of Birth: 20/11/1954
Visit Code: IP0002

Consultant: Dr. DESHMUKH RANJIT
Joint Care Dr.: Dr. Narendra Javadekar
Referrd To:

Age : 69Y 10M 8D
Speciality: ORTHOPAEDICS

NA

Date of Procedure 27/09/2024

Date of Admission: 26/09/2024

Date of Discharge: 28/09/2024

Ward/Bed No. SS10B - 4017

Blood Group: A+

DISCHARGING STATUS: NORMAL DISCHARGE AS PER CONSULTANT ADVICE
GENERAL ORTHOPEDICS

Final Diagnosis:

Left distal end radius Fracture

Classification of Fracture: Applicable

23-Radius/ulna distal:

23-A2-radius; simple and impacted

Drug Allergies:

Not known

History of Present Illness:

C/o Pain in left wrist

H/o slip and fall with injury over the same

No h/o injury to head, chest, abdomen, pelvis

No h/o LOC, ENT bleed, nausea or vomiting

K/c/o Dm, Htn on medication

Underwent angioplasty one year back

Post fall patient able to stand up, bear weight or ambulate

Clinical Course & Event:

Patient underwent left distal end radius closed reduction, k wire fixation and cast application

Procedure was uneventful

Remainder of hospital stay was uneventful

Discharge Medication:

ORTHO :

TAB CALPOL 650mg 1-1-1 * 7 days

TAB PAN 40 mg 1-0-0 * 7 days

TAB ZOCEF 500mg 1-0-1 * 3 days

JOINT CARE :

MRD No:1298640

Name:Mrs. WALDHURKAR ANJALI AVINASH
1/3

Tab Ecosprin AV 75/40 0-0-1
Tab Plavix 0-0-1 (restart as per cardio team)
Tab Metpure XL 25mg 1-0-0
Tab Telma AM H 80mg 1-0-0
Tab Glycomet GP 1mg 1-0-1
Tab Minipress XL 5mg
Tab Stamlo 5mg 0-0-1
Tab ALDACTONE 50mg 0-1-0
Continue till next follow up with physician

Clinical Examination:

O/e

Conscious, oriented

Vitally stable

L/e left wrist

Swelling and tenderness present

ROM - restricted and painful

Radial artery palpable

Active finger movement present

Distal sensation normal

Investigations:

Enclosed

Operative Procedure:

Left distal end radius closed reduction, k wire fixation, cast application

Name of Implant:

1.6mm K wires (2)

Post Operative Course:

Uneventful

Advice on Discharge:

Maintain limb elevation

Physiotherapy Instruction:

Active finger, elbow, shoulder mobilisation exercises

Special needs:

Emergency Symptoms:

Severe pain, fever, soakage, tingling, numbness, bluish discoloration of fingers, loss of sensation

Plaster Care:

Do not wet, do not remove

K-wire care:

Do not remove K wires

External fixator care:

NA

Wound/Dressing care:

Do not wet, do not remove

Orthosis:

NA

Radiology follow up:

NA

Surgical Procedures:

NA

MRD No:1298640

Name: Mrs. WALDHURKAR ANJALI AVINASH

Primary Consultant follow up:

Next follow-up with Dr. Ranjit Deshmukh in orthopedics OPD on 04/10/2024 (Friday) at 2pm

Follow up Date : 04/10/2024

Joint Care Dr. Followup :

Follow up with own physician after 2 weeks with fasting, pp bsl reports

Number of emergency room No:

020 40151027, 020 40151067

Number of Homecare service:

020 40151087

Physician:

Dr. JAVADEKAR NARENDRA

SIGNED BY: Dr. DESHMUKH RANJIT

PREPARED BY: DR.KEDAWAT KARTIK

DMZ

