



Lata Mangeshkar Medical Foundation's
Deenanath Mangeshkar Hospital & Research Center

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H-2019-0663
Since Sep 24, 2019

Printed Date:31/01/2025 16:11:52

Patient Name: Mr. GOKHALE SHRIKANT
VINAYAK

MRD#: 966718

Date of Birth: 07/10/1949

Sex: Male

Visit Code: IP0002

DOA: 22/01/2025

DOD: 28/01/2025

Room/Bed No.: SS8C-3818

Consultant: Dr. WAKANKAR HEMANT

Reference: DR. ATUL DESHPANDE

Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O:Pain in both knees, difficulty in walking, climbing stairs.

K/C/O: HYPERTENSION

H/O RIGHT NEPHRECTOMY IN 2019

O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E:No Effusion, No PFT, MJLT + +, ROM R 5° - 130° L - 10° - 130°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 11.9

Pre op PCV: 36

Pre op Sr Creat: 1.34

Pre op HbA1C: 5.1

Pre op EF: 60

Post op Hb: 8.6

Post op PCV: 25.9

Post op Sr Creat: 1.28

Advice on Discharge:

1. T. ALTRADAY 1-0-0 x 15 days.
2. T. ULTRACET 0-0-1 x 7 days and then SOS
3. T. XARELTO 10 mg 0-0-1 x 14 days.
4. T. RESNER PLUS 0-0-1 x 1 month
5. T. TRICIUM ACTIVE 1-0-0 x 2 months.
6. T. ECOSPIRIN 75 0-0-1 x 3 months (To be started only after course of T. XARELTO is over)

Following medicines to be continued as per Physician's advice

1. Tab. MAXFORMIN, 750 mg 1 - 0 - 1/2 AFTER BREAKFAST AND DINNER)

To check Blood Sugar Levels- Fasting, PP, Blood urea level, serum creatinine after 3 days & inform Dr.Atul Deshpande.

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

Staple Removal on: 05/02/2025

MRD No:966718

Name:Mr. GOKHALE SHRIKANT VINAYAK

Physiotherapy for 1 month after discharge:**Next follow up at Deenanath Mangeshkar Hospital,Pune** after 3 months**With:** Dr. Hemant Wakankar**OPD Time:** Mon and Wed 3 pm to 5 pm

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

For emergency contact : Dept. On-Call no: 9850285871.

Home Care (for staple removal)- 020-40151087

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE**Pre-operative Antibiotics:**

Inj. SUPACEF 1.5gm IV

Operative Procedure: Bilateral Total Knee Replacement

Date of Surgery: 23/1/2025 Type of Anaesthesia: LA+GA Anaesthetist:Dr. MANJIRI JOSHI

Prosthesis Used - PERSONA ,USA

Size	-	Right	Left
Femur		8	8
Tibia		E	E
Poly		10 mm MC	10 mm MC
Patella		--	--

Post Operative Course:

Post operative pain controlled with local infiltration.

Inj. Supacef 750 mg IV X 2 doses.

All physiotherapy goals achieved.

Foleys cathether: No**ICU STAY:** No**Blood Tranfusion:** No**General advice after discharge:**

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital Joint Replacement Department.
6. Review with Dr. Hemant Wakankar after 3 months with prior appointment.
7. Zuprinor Skin patch applied on 23/1/2025. Do not apply heat in area of Zuprinor skin patch application. Remove patch on 30/1/2025. Remove patch early in case of excessive nausea, vomiting or giddiness.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Devdutta Phatak.**Date:** 28/01/2025

MRD No:966718

Name:Mr. GOKHALE SHRIKANT VINAYAK

Designation: Registrar

Investigation attached separately:

Time: 12 noon

Please bring this card for Follow up:

