



Patient Name: Mrs. DANGE PUSHPA
 KRISHNARAO

MRD#: 1422823

Date of Birth: 28/12/1953

Sex: Female

Visit Code: IP0001

DOA: 17/10/2024

DOD: 21/10/2024

Room/Bed No.: SS13B-4332

Consultant: Dr. KULKARNI MAHESH

Reference: DR. SUKRUT PURANDARE

Diagnosis: Osteoarthritis of both knees.

Clinical course and Event:

C/O:Pain in both knees, difficulty in walking, climbing stairs.

K/C/O:

O/E:Vitals - Normal, RS - Clear, CVS - NAD, P/A - Soft.

L/E:No Effusion, No PFT, MJLT + +, ROM R 0° - 120° L - 0° - 120°, Hips - Normal, No DNVC.

ASA Grade:

2

Pre op Hb: 10.5

Pre op PCV: 32.7

Pre op Sr Creat: 1

Pre op HbA1C: 4.4

Pre op EF: 60%

Post op Hb: 8.3

Post op PCV: 27.8

Post op Sr Creat: 0.89

Advice on Discharge:

1. T. PACIMOL 650 mg 1-1-1-1 x 15 days then 1-1-1 x 15 days then 1-0-1 x 15 days
2. T. PAN D 1-0-0 x 30 days
3. T. ULTRACET 1-1-1 x 15 days then 1-0-1 x 15 days
4. T. LYRICA 75 mg 0-0-1 x 30 days
5. T. XARELTO 10 mg 1-0-0 x 14 days

Following medicines to be continued as per Physician's advice

- 1.Tab. Depran Forte, 1-0-0
2. Tab. Mirtaz 15 mg, 0-0-1
3. Tab. Amitone Forte, 0-0-1
4. Recheck CBC after 4 weeks
5. Follow up with routine physician in medicine OPD after 4 weeks with prior appointment.

	KNEE ROM ON DISCHARGE	
RT	0	90
LT	0	90

Staple Removal on: 04/11/2024

Physiotherapy for 1 month after discharge:

Next follow up at Deenanath Mangeshkar Hospital,Pune 1 month

With: Dr. Mahesh Kulkarni

By prior Appointment only. For appointment call 020-40151100 between 9 AM - 6 PM.

ON Call no: For Dr. Mahesh Kulkarni: 9637541165.

In case of emergency please come to DMH ER 1 (Emergency Room). It is open 24 hours a day. Phone no.: 020-4015-1027 / 1065.

OPERATIVE NOTE

Pre-operative Antibiotics:

Inj. SUPACEF 1.5gm IV

Operative Procedure: Robotic Bilateral Total Knee Replacement

Date of Surgery:18/10/2024

Type of Anaesthesia:sa+la

Anaesthetist:Dr.KHARE PRASANNA

Prosthesis Used - TRIATHLON , STRYKER ,MAKO, USA

Size - Right Left

Femur 1 1

Tibia 1 1

Poly PS 10mm 9mm

Post Operative Course:

Post operative pain controlled WITH LOCAL infiltration.

Inj. Supacef 750 mg IV X 2 doses.

ALL physiotherapy goals achieved.

Foleys cathether: No

ICU STAY: No

Blood Tranfusion: No

General advice after discharge:

List of Emergencies:

Fever,swelling,bleeding,redness, calf swelling, tightness,pain. Please come to hospital for urgent medical attention.

1. Not to wet the wound after surgery till sutures are removed.
2. Routine physiotherapy as per advice.
3. Start walking outdoor by 3 weeks.
4. Driving can be started after 6 weeks.
5. Do not start antibiotics on suspicion of infection without consulting the operating surgeon. Report to Deenanath Hospital joint replacement department.
6. Review with Dr. Mahesh Kulkarni after 1 month with prior appointment.

Special needs

Physiotherapy:

For 1 month at home after surgery

Pain Relief:

Pain killers for 2 weeks , then as and when required

Dressing:

To be changed if soaked more than 50% in fresh blood

Name of Dr: Satyajet

Date: 21/10/2024

Time: 12 am

Investigation attached separately:

Please bring this card for Follow up:

MRD No:1422823

Name:Mrs. DANGE PUSHPA KRISHNARAO