

Rutuja Argade

PROFESSIONAL SUMMARY

As a Consultant Physiotherapist at Gorde Spine and Shoulder Rehab, I excelled in clinical assessment and therapy customization, significantly enhancing patient recovery. Certified in Dry Needling and Mat Pilates, my expertise blends innovative techniques with compassionate care. I've led teams, fostering a collaborative environment and ensuring high-quality patient outcomes.

Phone:

9096891835

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argaderutuja99@gmail.com

Skills

EDUCATION

LSFPEF College Of Physiotherapy

Bachelor of Physiotherapy
Nigdi, Maharashtra

Jun 2022

Sanskriti University

Master in Physiotherapy(Orthopaedics)
Semri

Aug 2024

I2CAN

Diploma in Food Nutrition And Dietitics (pursuing)
Experience

EXPERIENCE

Consultant Physiotherapist

Dec 2021 – Present

Gorde Spine and Shoulder Rehab

Spine Road, Bhosari, Maharashtra

Conducted clinical assessment and evaluation to determine patient needs.

Managed acute and chronic conditions with full understanding regarding complex therapy needs.

Supervised clinical students, assistants and volunteers.

Observed and recorded patients' responses to therapies and exercises to report to practitioners and recommend adjustments to treatment plans

CERTIFICATION

Certified as Dry needling Therapy by Subhanjan Das.

Certified Mat Pilates Instructor by Sanyukta Jain.

Completed a course on SI joint And its Assessment by Deepak Kumar.

Attended a workshop on advance technique in spine, knee and ankle surgeries and their physiotherapy treatment.

Attended a class on Arthritis by Surajeet Chakrabarty.

SKILLS

- Gait analysis

Pain management techniques

Interdisciplinary collaboration

Orthopedic rehabilitation